

Patient: _____ Doctor: _____

Date of procedure: _____ Time to report: _____

Location: **Endoscopy Center, 1st Floor** **Chilton Hospital Access Center** **Wayne Surgical Center**
1825 Rt 23 S Wayne, NJ **97 W Parkway Pompton Plains, NJ** **1176 Hamburg Tpke Wayne**
973-996-4009 **973-831-5115** **973-709-1900**

Diabetes: Blood Thinner:(see below*): Pacemaker: Defibrillator: Latex allergy:

PREPARATION: Please obtain **CLENPIQ** boxed kit from your pharmacy at least several days before the procedure:

DIET: No iron supplement, seeds, nuts, quinoa, corn, popcorn, tomatoes, cucumbers or salad for three days before the procedure.

****IMPORTANT- Please make sure to follow our instructions. They are different than the instructions that come with the kit.**

ON THE DAY BEFORE THE PROCEDURE:

1. **Before** 10 am., you may have a **light** breakfast. This can include cereal, breads, and milk products, but cannot include fresh fruits, vegetables, salad or meats.
2. After 10 a.m., only clear liquids can be consumed. Clear liquids are as follows:

Water	Clear juices	Italian ices
Bouillon	Tea	Jell-O
7-Up, ginger ale, seltzer	Black coffee	Gatorade
3. At 5 p.m. drink 1 bottle (175 ml) of CLENPIQ directly from the container.
4. You must then drink five (5) 8-ounce cups of clear liquid (see above) over the next 2 hours. Feelings of bloating, nausea or chills are common after the first few glasses. This is usually temporary and should decrease once bowel movements begin. If the nausea worsens, stop drinking for 30 minutes and then resume drinking, but more slowly than before.
5. Clear liquids can be consumed throughout the evening.

ON THE DAY OF THE PROCEDURE:

1. If you take **blood pressure pills, pills for your heart, seizure medications or Parkinson’s medications**, take them as usual in the morning with a small sip of water.
2. Six hours prior to the procedure **repeat instructions 3 and 4 above.**

2. You MUST FINISH drinking all liquids and water at least 4 hours prior to your scheduled arrival time or your procedure will be delayed. DO NOT CONSUME ANYTHING ELSE BY MOUTH-NOT EVEN WATER. Do not smoke marijuana within 24 hours of the procedure. No gum chewing the morning of the procedure.

- Wear loose, comfortable clothing. Bring your glasses (if necessary). Do not bring valuables such as jewelry with you. The endoscopy facility cannot be responsible for your belongings.
- After the procedure you must not drive, work or do anything that could result in injury.
- **You must have a friend or family member drive you home. No ride share services such as Uber/ Lyft allowed. Pick up will be approximately 1 ½ hours after you are dropped off.**

*** SPECIFIC MEDICATIONS:**

Blood thinners: If you take **Coumadin, Pradaxa, Eliquis, Xarelto, Effient, Plavix, Ticlid** or other *blood thinners/ anticoagulants* make sure you have discussed this with your physician.

GLP-1 agonists: Medications such as **Ozempic, Wegovy, Trulicity and Mounjaro**. Make sure you have specifically discussed these medications with your physician or your procedure may be cancelled.