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Esophageal Manometry Exam

Your doctor has scheduled you for an esophageal motility study. This test measures the pressures and coordination of the esophageal muscle.

The test is performed at St. Joseph's Hospital-Wayne General Hospital campus- Hamburg Turnpike in Wayne, New Jersey.

You should report to the Endoscopy Suite which is on the second floor of the main Wayne General Hospital campus building.

You should not have anything to eat or drink for 6 hours prior to the test.

During the motility study the nostrils are numbed. The endoscopy nurse will insert a thin flexible tube gently into the nose and pass it down into the esophagus (food pipe) and stomach. This tube has multiple pressure sensors that allow us to measure the pressure in the esophagus. The tube also has sensors to measure the presence of liquid in the esophagus and stomach.

This test helps us analyze the function of the muscles of swallowing. It assists in evaluating symptoms such as heartburn, acid reflux, chest pain, cough, difficulty swallowing and chest pain.

Please contact the office if you develop any sinus or respiratory problems in the days prior to the procedure. This includes symptoms of cold, flu, sinus infection or ear infection. We may need to reschedule the procedure if any of these conditions are present.

You will be scheduled to see your physicians several weeks after the test is performed to review the results.

You will not be given any sedation for this test. You will therefore be able to drive yourself home.