

EGD- Upper Endoscopy

North Jersey Gastroenterology and Endoscopy

NJGA@GANJLLC.com

Patient: _____ Doctor: _____

Date of procedure: _____ Time to report: _____ Time of procedure: _____

Endoscopy Center, 1st Floor
1825 Rt 23 S Wayne, NJ
973-996-4009

Chilton Hospital Access Center
97 W Parkway Pompton Plains, NJ
973-831-5115

Wayne Surgical Center
1176 Hamburg Tpke Wayne, NJ
973-709-1900

Diabetes: Blood Thinner:(see below*): Pacemaker: Defibrillator: Latex allergy:

PREPARATION:

Evening Prior to the Procedure:

1. On the night before your procedure, please be sure to have a light dinner before 7p.m.
2. Please do not drink alcohol with dinner as this can cause your stomach not to empty.
3. Wear loose, comfortable clothing. Bring your glasses (if necessary). Do not bring valuables such as jewelry with you. The endoscopy facility cannot be responsible for your belongings.

Do not eat solid food after midnight

Morning of the procedure:

1. If you take **blood pressure pills, pills for your heart, seizure medications or Parkinson's medications**, take them as usual with a small sip of water.

**PLEASE REMEMBER TO NOT CONSUME ANYTHING BY MOUTH, INCLUDING WATER,
FOR SIX (6) HOURS BEFORE YOUR PROCEDURE.**

Do not smoke marijuana or vape for 24 hours before your procedure

After the procedure, you must not drive, work or do anything that could result in injury. You must have a friend or family member drive you home. No ride share services such as Uber/ Lyft allowed.

Pick up will be approximately 1½ hours after you are dropped off.

* SPECIFIC MEDICATIONS:

Blood thinners: If you take **Coumadin, Pradaxa, Eliquis, Xarelto, Effient, Plavix, Ticlid or other blood thinners/ anticoagulants** make sure you have discussed this with your physician.

GLP-1 agonists such as **Ozempic, Wegovy, Trulicity and Mounjaro**. Make sure you have specifically discussed these medications with your physician or your procedure may be cancelled.